

Trimovate® Cream

clobetasone butyrate, calcium oxytetracycline and nystatin

Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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1 What Trimovate is and what it is used for

Trimovate contains three different medicines called clobetasone butyrate, calcium oxytetracycline and nystatin.

- Clobetasone butyrate belongs to a group of medicines called steroids. It helps to reduce swelling and irritation.
- Calcium oxytetracycline and nystatin are medicines used to fight infections. They fight certain bacterial and fungal infections of the skin.

Trimovate is used to help reduce the redness and itchiness of certain skin problems, such as eczema, nappy rash and dermatitis where infection may be a problem.

2 Before you use Trimovate

Do not use Trimovate:

- if you are allergic (hypersensitive) to clobetasone butyrate, calcium oxytetracycline or oxytetracycline, nystatin or any of the other ingredients in Trimovate (listed in Section 6)
- to treat any of the following skin problems, it could make them worse:

- acne
- viral infections, such as cold sores, herpes or chicken pox
- blisters or sores on your face and hands (impetigo)
- fungal infections, such as ringworm, athlete's foot or thrush.

Do not use if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before using Trimovate.

Take special care with Trimovate

Check with your doctor or

pharmacist before using your medicine if:

- you are applying the cream under a child's nappy or an airtight dressing for more than 7 days. Nappies and airtight dressings make it easier for the active ingredient to pass through the skin and it is possible to accidentally end up using too much cream.

Pregnancy and breast-feeding

Talk to your doctor or pharmacist before using this medicine if you are pregnant, might become pregnant or are breast-feeding.



3 How to use Trimovate

Always use Trimovate exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Using this medicine

- You usually apply Trimovate up to 4 times a day.
- This cream is for use on your skin only.
- Do not use more than the amount prescribed for you.
- Do not use on large areas of the body for a long time (such as every day for many weeks or months) - unless your doctor tells you to.
- The germs that cause infections like warm, moist conditions under bandages or dressings so always clean the skin before a fresh dressing is put on.
- If you are applying the cream on someone else make sure you wash your hands after use or wear disposable plastic gloves.
- **If your skin problem does not improve after 7 days talk to your doctor.**
- Do not mix with any other creams or ointments.

Guidance on how to apply the cream

- 1 Wash your hands.
- 2 Gently rub the correct amount of cream into the skin until it has all disappeared. You can measure how much cream to use with your fingertip. This picture shows one fingertip unit.



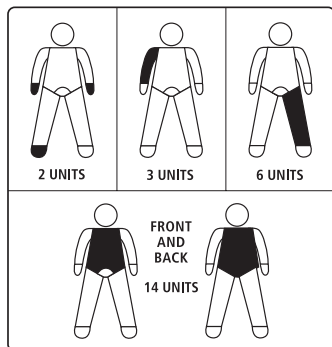
- 3 Unless you are meant to apply the cream to your hands as a part of the treatment, wash them again after using it.

For an adult

You should find that:

- two fingertips of cream will cover both hands or a foot
- three fingertips of cream will cover one arm
- six fingertips of cream will cover one leg
- fourteen fingertips of cream will cover the front and back of your body.

Do not worry if you find you need a little more or a little less than this. It is only a rough guide.





For a child

- The smaller the child the less you will need to use.
- An infant between 6 months and 1 year old needs about a quarter of the adult amount.
- A child of 4 years needs about a third of the adult amount.

If you apply Trimovate to your face

You should only apply the cream to your face if your doctor tells you to. The cream should not be used for too long as the skin on your face thins easily. **Do not let the cream get into your eyes.**

If you use more Trimovate than you should

If, by mistake on a few occasions you use more than you should, do not worry. If you apply a lot or if a lot is accidentally swallowed, it could make you ill. Talk to your doctor or go to the hospital as soon as possible.

If you forget to use Trimovate

If you forget to apply your cream, apply it as soon as you remember. If it is close to the time you are next meant to apply it, wait until this time.

If you stop using Trimovate

If you use Trimovate regularly make sure you talk to your doctor before you stop using it. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4 Possible side effects

Like all medicines, Trimovate can cause side effects, although not everybody gets them.

Stop using Trimovate and tell your doctor as soon as possible if:

- you find your skin problem gets worse or becomes swollen during treatment. You may be allergic to the cream or need other treatment.

Other side effects you may notice when using Trimovate include:

- redness of your skin (erythema)
- rash including an itchy rash or swellings on the skin called nettle rash or hives (urticaria)
- itching (pruritus)
- a feeling like your skin is burning
- changes in skin colour
- increased hair growth
- staining of your hair, skin and clothes can occur. You can protect clothes by covering the treated area with a cotton bandage or piece of clean cloth
- thinning of your skin and it damages more easily. This could happen if you use it over a long period of time or you use a lot each time.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5 How to store Trimovate

- Keep out of the reach and sight of children.
- Do not use Trimovate after the expiry date on the tube end or carton (EXP). The expiry date refers to the last day of that month.
- Do not store above 25°C.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6 Further information

What Trimovate contains

- The active ingredients are clobetasone butyrate, calcium oxytetracycline and nystatin. Each 1 g contains 0.5 mg of clobetasone butyrate (0.05% w/w), 30 mg oxytetracycline (3% w/w) as calcium oxytetracycline and 100,000 units of nystatin.
- The other ingredients are titanium dioxide, glyceryl monostearate, cetostearyl alcohol, soft paraffin white, polyoxyl 40 stearate, dimeticone 20, glycerol, chlorocresol, sodium metabisulphite, sodium acid phosphate, disodium hydrogen phosphate and purified water.

What Trimovate looks like and contents of the pack

Within each carton is a tube with a plastic screw cap, which contains 30 g of yellow cream.

Marketing Authorisation Holder and Manufacturer

Product licence held by GlaxoSmithKline UK, Stockley Park West, Uxbridge, Middlesex UB11 1BT.

Manufactured by Glaxo Wellcome Operations, Barnard Castle, Durham DL12 8DT.

Other formats

To listen to or request a copy of this leaflet in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK Only)

Please be ready to give the following information:

Product name	Trimovate Cream
Reference number	10949/0040

This is a service provided by the Royal National Institute of Blind People.

More information

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist who has the information you need and will advise you.

A source of information is:

National Eczema Society
Hill House
Highgate Hill
London N19 5NA

You may also be able to find out more from books in public libraries.

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