

## Package leaflet: Information for the user

### Salofalk 500mg gastro-resistant prolonged-release granules Mesalazine

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet:**

1. What Salofalk 500mg granules are and what they are used for
2. What you need to know before you take Salofalk 500mg granules
3. How to take Salofalk 500mg granules
4. Possible side effects
5. How to store Salofalk 500mg granules
6. Contents of the pack and other information

#### **1. What Salofalk 500mg granules are and what they are used for**

Salofalk granules contain the active substance mesalazine, an anti-inflammatory agent used to treat inflammatory bowel disease.

Salofalk 500mg granules are used for:

- the treatment of acute episodes and prevention of further episodes (recurrence) of an inflammatory disease of the large intestine (colon), known by doctors as ulcerative colitis.

#### **2. What you need to know before you take Salofalk 500mg granules**

##### **Do not take Salofalk granules**

- If you are allergic to mesalazine, salicylic acid, salicylates such as Aspirin<sup>®</sup> or any of the other ingredients of this medicine (listed in section 6)
- If you have a serious liver or kidney disease.

##### **Warnings and precautions**

##### **Talk to your doctor before taking Salofalk 500mg granules**

- If you have a history of problems with your lungs, particularly if you suffer from **bronchial asthma**
- If you have a **history of allergy to sulphasalazine**, a substance related to mesalazine
- If you suffer with problems of your **liver**
- If you suffer with problems of your **kidney**

##### **Further precautions**

During treatment your doctor may want to keep you under close medical supervision and you may need to have regular blood and urine tests.

Kidney stones may develop with use of mesalazine. Symptoms may include pain in sides of abdomen and blood in urine. Take care to drink sufficient amount of liquid during treatment with mesalazine.

### Other medicines and Salofalk granules

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, in particular:

- **Certain agents that inhibit blood clotting** (medicines for thrombosis or to thin your blood, e.g. warfarin)
- **Azathioprine, 6-mercaptopurine or thioguanine** (medicines used to treat immune disorders)
- **Lactulose** (medicine used to treat constipation) or **other preparations that can change the acidity of your stools**

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. It may still be all right for you to use Salofalk granules and your doctor will be able to decide what is suitable for you.

### Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

You should only use Salofalk granules during pregnancy if your doctor tells you to.

You should also only use Salofalk granules during breast-feeding if your doctor tells you to, as this medicine may pass into breast milk.

### Driving and using machines

Salofalk granules have no or negligible influence on the ability to drive or use machines.

### Salofalk 500mg granules contain aspartame, sucrose and sodium

This medicine contains 1 mg aspartame in each sachet of Salofalk 500mg granules. Aspartame is a source of phenylalanine. It may be harmful if you have phenylketonuria (PKU), a rare genetic disorder in which phenylalanine builds up because the body cannot remove it properly.

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

This medicine contains less than 1 mmol sodium (23 mg) per sachet, that is to say essentially 'sodium-free'.

## 3. How to take Salofalk 500mg granules

Always take Salofalk granules exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

### Method of administration

Salofalk granules are for oral use only.

Salofalk granules should **not be chewed**. You should take the Salofalk granules by placing the granules directly on the tongue and then swallowing them with plenty of liquid without chewing.

### Dosage

Age and body weight	Single dose	Total daily dose
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<b>Adults, elderly and children weighing more than 40 kg</b>		
Treatment of acute episodes	1 to 6 sachets Salofalk 500mg granules	1 x 3-6 sachets or 3 x 1-2 sachets
Prevention of further episodes	1 to 6 sachets Salofalk 500mg granules	3 x 1 sachet or 1 x 6 sachets (for patients at increased risk for recurrence)
<b>Children 6 years of age and older</b>		
Treatment of acute episodes		30-50 mg mesalazine/kg body weight/day once daily or in divided doses
Prevention of further episodes		15-30 mg mesalazine/kg body weight/day in divided doses

### Adults and the elderly

Unless otherwise prescribed by your doctor, the normal dosage for the **treatment of acute episodes of ulcerative colitis** is:

Depending on the clinical requirements in the individual case, 3 to 6 sachets of Salofalk 500mg granules (equivalent to 1.5 to 3 g mesalazine per day) once daily preferably in the morning or 1 to 2 sachets three times daily (in the morning, at midday, in the evening).

### To prevent a relapse of ulcerative colitis

The normal dosage to prevent further episodes of ulcerative colitis is:

1 sachet of Salofalk 500mg granules three times daily (equivalent to 1.5 g mesalazine per day).

If upon the decision of your doctor you are at increased risk for recurrence, the dosage for prevention of further episodes of ulcerative colitis is:

6 sachets of Salofalk 500mg granules once daily preferably in the morning (equivalent to 3 g mesalazine per day).

In general, for dose recommendations greater than 1.5 g mesalazine and up to 3 g mesalazine, Salofalk 1000mg, Salofalk 1.5g or Salofalk 3g granules should be used if possible.

### Use in children

There is only limited documentation for an effect in children (age 6-18 years).

### Children 6 years of age and older

Please ask your doctor about the precise dosage of Salofalk granules for your child.

**In acute episodes:** to be determined individually, starting with 30-50 mg mesalazine per kg body weight per day that should be given once daily preferably in the morning or in divided doses. The maximum dose is 75 mg mesalazine per kg body weight per day. The total dose should not exceed the maximum adult dose.

**To prevent a relapse:** to be determined individually, starting with 15-30 mg mesalazine per kg body weight per day that should be given in divided doses. The total dose should not exceed the recommended adult dose.

It is generally recommended that half the adult dose should be given to children up to a body weight of 40 kg; and the normal adult dose to those above 40 kg.

#### **Duration of treatment**

Your doctor will decide how long you need to continue the treatment with this medicine. This will depend on your condition.

To obtain the maximum benefit from this medicine, you should use Salofalk granules regularly and consistently both during the acute episode of inflammation and also as long-term treatment as directed.

If you think that your Salofalk granules are too strong or too weak, talk to your doctor.

#### **If you take more Salofalk granules than you should**

Contact a doctor if you are in doubt, so he or she can decide what to do.

If you use too much Salofalk granules on one occasion, just take your next dose as prescribed. Do not use a smaller amount.

#### **If you forget to take Salofalk granules**

Do not take a double dose to make up for a forgotten dose.

#### **If you stop taking Salofalk granules**

Do not stop taking this product until you have talked to your doctor.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, Salofalk granules can cause side effects, although not everybody gets them.

**All medicines can cause allergic reactions although serious allergic reactions are very rare. If you get any of the following symptoms after taking this medicine, you should contact your doctor immediately:**

- **Allergic skin rash**
- **Fever**
- **Breathing difficulties**

*If you experience a marked reduction of your general health, especially if accompanied by fever, and/or a sore throat and mouth, stop using these granules and contact your doctor immediately.* These symptoms can, very rarely, be due to a fall in the number of white cells in your blood (a condition called agranulocytosis), which may make you more prone to developing a serious infection. A blood test can confirm whether your symptoms are due to an effect of this medicine on your blood.

The following side effects have also been reported by patients using mesalazine:

#### **Common side effects (may affect up to 1 in 10 people)**

- Headache

#### **Uncommon side effects (may affect up to 1 in 100 people)**

- Abdominal pain, diarrhoea, dyspepsia, wind (flatulence), nausea and vomiting
- Severe abdominal pain because of acute inflammation of the pancreas
- Changes in liver function parameters, changes in pancreatic enzymes
- Changes in the number of white blood cells

#### **Rare side effects (may affect up to 1 in 1,000 people)**

- Dizziness
- Chest pain, breathlessness or swollen limbs because of an effect on your heart
- Jaundice or abdominal pain because of liver and bile flow disorders
- Increased sensitivity of your skin to sun and ultraviolet light (photosensitivity)
- Joint pain
- Feeling weak or tired

**Very rare side effects (may affect up to 1 in 10,000 people)**

- Fever, sore throat or malaise, due to blood count changes
- Skin rash or inflammation, allergic condition which causes joint pain, skin rashes and fever
- Severe diarrhoea and abdominal pain because of an allergic reaction to this medicine within the bowel
- Numbness and tingling in the hands and feet (peripheral neuropathy)
- Shortness of breath, cough, wheezing, lung shadow on x-ray due to allergic and/or inflammatory lung conditions
- Hair loss and the development of baldness
- Muscle pain
- Changes in kidney function, sometimes with swollen limbs or flank pain
- Reversible decrease in semen production

**Not known (frequency cannot be estimated from the available data)**

- Kidney stones and associated kidney pain (see also section 2)

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly as follows:

**Republic of Ireland:**

HPRA Pharmacovigilance

Website: [www.hpra.ie](http://www.hpra.ie)

**United Kingdom**

Yellow Card Scheme

Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

or search for MHRA Yellow Card in the Google Play or Apple App Store

**By reporting side effects you can help provide more information on the safety of this medicine.**

**5. How to store Salofalk 500mg granules**

Keep this medicine out of the sight and reach of children.

Do not use Salofalk granules after the expiry date which is stated on the carton and the sachet after 'EXP'. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

**6. Contents of the pack and other information**

**What Salofalk 500mg granules contain**

The active substance is mesalazine and one sachet of Salofalk 500mg granules contains 500 mg mesalazine.

The other ingredients are aspartame (E 951); carmellose sodium; cellulose, microcrystalline; citric acid, anhydrous; silica, colloidal anhydrous; hypromellose; magnesium stearate; methacrylic acid-methyl methacrylate copolymer (1:1) (Eudragit L 100); methylcellulose; polyacrylate dispersion 40 % (Eudragit NE 40 D containing 2 % nonoxynol 100); povidone K 25; simeticone; sorbic acid; talc; titanium dioxide (E 171); triethyl citrate; vanilla custard flavour (containing sucrose).

**What Salofalk 500mg granules look like and contents of the pack**

Salofalk 500mg gastro-resistant prolonged-release granules are rod-shaped or round, grey-white granules.

Each sachet contains 930 mg granules.

Salofalk 500mg granules are available in packs of 50, 100 and 300 sachets.

Not all package sizes may be marketed.

**Marketing Authorisation Holder and Manufacturer**

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**This medicinal product is authorised in the Member States of the EEA under the following names:**

Czech Republic, Denmark, Finland, Germany, Greece, Hungary, Ireland, Latvia, The Netherlands, Norway, Portugal, Slovakia, Slovenia, Sweden, Spain, United Kingdom: Salofalk.

Belgium, Luxembourg: Colitofalk.

Austria: Mesagran.

**This leaflet was last revised in 08/2019.**