

Jardiance® 10 mg film-coated tablets

Jardiance® 25 mg film-coated tablets

empagliflozin

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See the end of section 4 for how to report side effects.

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Jardiance is and what it is used for
2. What you need to know before you take Jardiance
3. How to take Jardiance
4. Possible side effects
5. How to store Jardiance
6. Contents of the pack and other information

1. What Jardiance is and what it is used for

Jardiance contains the active substance empagliflozin which works by blocking a protein in the kidneys called sodium-glucose co-transporter 2 (SGLT2). SGLT2 prevents glucose from being excreted in urine by absorbing glucose into the bloodstream as blood is being filtered in the kidneys. By blocking this protein, the medicine causes glucose (blood sugar), sodium (salt) and water to be removed via the urine. Blood glucose levels, which are too high because of your type 2 diabetes, are thereby reduced. This medicine can also help prevent heart disease.

Boehringer
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Lilly

2. What you need to know before you take Jardiance

Do not take Jardiance:

- if you are allergic to empagliflozin or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions

Talk to your doctor, pharmacist or nurse before taking this medicine, and during treatment:

- about what you can do to prevent dehydration.
- if you have “type 1 diabetes”. This type usually starts when you are young and your body does not produce any insulin.
- if you experience rapid weight loss, feeling sick or being sick, stomach pain, excessive thirst, fast and deep breathing, confusion, unusual sleepiness or tiredness, a sweet smell to your breath, a sweet or metallic taste in your mouth, or a different odour to your urine or sweat, contact a doctor or the nearest hospital straight away. These symptoms could be a sign of “diabetic ketoacidosis” – a rare, but serious, sometimes life-threatening problem you can get with diabetes because of increased levels of “ketone bodies” in your urine or blood, seen in tests. The risk of developing diabetic ketoacidosis may be increased with prolonged fasting, excessive alcohol consumption, dehydration, sudden reductions in insulin dose, or a higher need of insulin due to major surgery or serious illness.
- if you have serious kidney problems – your doctor may ask you to take a different medicine.
- if you are 75 years old or older, as increased passing of urine due to the medicine may affect fluid balance in your body and increase your risk of dehydration. Possible signs are listed in section 4, ‘Possible side effects’ under ‘dehydration’.
- if you are 85 years old or older as you should not start taking Jardiance.
- if you are being sick, have diarrhoea or fever, or if you are not able to eat or drink. These conditions can cause dehydration. Your doctor may ask you to stop taking Jardiance until you recover to prevent loss of too much body fluid.
- if you have a serious infection of the kidney or the urinary tract with fever. Your doctor may ask you to stop taking Jardiance until you have recovered.

Foot care

Like for all diabetic patients it is important to check your feet regularly and adhere to any other advice regarding foot care given by your health care professional.

Urine glucose

Because of how this medicine works, your urine will test positive for sugar while you are taking this medicine.

Children and adolescents

Jardiance is not recommended for children and adolescents under 18 years, because it has not been studied in these patients.

Other medicines and Jardiance

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

It is important to tell your doctor:

- if you are taking a medicine used to remove water from the body (diuretic). Your doctor may ask you to stop taking Jardiance. Possible signs of losing too much fluid from your body are listed in section 4 ‘Possible side effects’.
- if you are taking other medicines that lower the amount of sugar in your blood such as insulin or a “sulphonylurea” medicine. Your doctor may want to lower the dose of these other medicines, to prevent your blood sugar levels from getting too low (hypoglycaemia).

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. Do not use Jardiance if you are pregnant. It is unknown if Jardiance is harmful to the unborn child. Do not use Jardiance if you are breast-feeding. It is not known if Jardiance passes into human breast milk.

Driving and using machines

Jardiance has minor influence on the ability to drive and use machines.

Taking this medicine in combination with medicines called sulphonylureas or with insulin can cause blood sugar levels to drop too low (hypoglycaemia), which may cause symptoms such as shaking, sweating and change in vision, and may affect your ability to drive and use machines. Do not drive or use any tools or machines, if you feel dizzy while taking Jardiance.

Jardiance contains lactose

Jardiance contains lactose (milk sugar). If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

3. How to take Jardiance

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

How much to take

- The starting dose of Jardiance is one 10 mg tablet once a day. Your doctor will decide whether to increase your dose to 25 mg once a day.
- Your doctor may limit your dose to 10 mg once a day if you have a kidney problem.
- Your doctor will prescribe the strength that is right for you. Do not change your dose unless your doctor has told you to.

Taking this medicine

- Swallow the tablet whole with water
- You can take the tablet with or without food
- You can take the tablet at any time of the day. However, try to take it at the same time each day. This will help you to remember to take it.

Your doctor may prescribe Jardiance together with another diabetes medicine. Remember to take all medicines as directed by your doctor to achieve the best results for your health.

Diet and exercise can help your body use its blood sugar better. It is important to stay on the diet and exercise program recommended by your doctor while taking Jardiance.

If you take more Jardiance than you should

If you take more Jardiance than you should, talk to a doctor immediately or go to a hospital immediately. Take the medicine pack with you.

If you forget to take Jardiance

- What to do if you forget to take a tablet depends on how long it is until your next dose.
- If it is 12 hours or more until your next dose, take Jardiance as soon as you remember. Then take your next dose at the usual time.
 - If it is less than 12 hours until your next dose, skip the missed dose. Then take your next dose at the usual time.
 - Do not take a double dose of Jardiance to make up for a forgotten dose.

If you stop taking Jardiance

Do not stop taking Jardiance without first consulting your doctor. Your blood sugar levels may increase when you stop taking Jardiance.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Contact a doctor or the nearest hospital straight away if you have any of the following side effects:

Diabetic ketoacidosis, seen rarely (may affect up to 1 in 1,000 people)

These are the signs of diabetic ketoacidosis (see also section 2, ‘Warnings and precautions’):

- increased levels of “ketone bodies” in your urine or blood
- rapid weight loss
- feeling sick or being sick
- stomach pain
- excessive thirst
- fast and deep breathing
- confusion
- unusual sleepiness or tiredness
- a sweet smell to your breath, a sweet or metallic taste in your mouth or a different odour to your urine or sweat.

This may occur regardless of blood glucose level. Your doctor may decide to temporarily or permanently stop your treatment with Jardiance.

Contact your doctor as soon as possible if you notice the following side effects:

Low blood sugar (hypoglycaemia), seen very commonly (may affect more than 1 in 10 people)

If you take Jardiance with another medicine that can cause low blood sugar, such as a sulphonylurea or insulin, your risk of getting low blood sugar is higher. The signs of low blood sugar may include:

- shaking, sweating, feeling very anxious or confused, fast heart beat
- excessive hunger, headache

Your doctor will tell you how to treat low blood sugar levels and what to do if you get any of the signs above. If you have symptoms of low blood sugar, eat glucose tablets, a high sugar snack or drink fruit juice. Measure your blood sugar if possible and rest.

Urinary tract infection, seen commonly (may affect up to 1 in 10 people)
The signs of urinary tract infection are:

- burning sensation when passing urine
- urine that appears cloudy
- pain in the pelvis, or mid-back pain (when kidneys are infected)

An urge to pass urine or more frequent urination may be due to the way Jardiance works, but they can also be signs of urinary tract infection. If you note an increase in such symptoms, you should also contact your doctor.

Dehydration, seen uncommonly (may affect up to 1 in 100 people)
The signs of dehydration are not specific, but may include:

- unusual thirst
- lightheadedness or dizziness upon standing
- fainting or loss of consciousness

Other side effects while taking Jardiance:
Common

- genital yeast infection (thrush)
- passing more urine than usual or needing to pass urine more often
- itching
- rash or red skin – this may be itchy and include raised bumps, oozing fluid or blisters
- thirst
- blood tests may show changes in blood fat (cholesterol) levels in your blood

Uncommon

- hives
- straining or pain when emptying the bladder
- blood tests may show changes related to kidney function (creatinine or urea)
- blood tests may show increases in the amount of red blood cells in your blood (haematocrit)

Not known

- severe allergic reaction (may include swelling of the face, lips, mouth, tongue, or throat that may lead to difficulty breathing or swallowing)

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

United Kingdom
Yellow Card Scheme
Website: www.mhra.gov.uk/yellowcard
or search for MHRA Yellow Card in the Google Play or Apple App Store

Ireland
HPRA Pharmacovigilance
Earlsfort Terrace
IRL – Dublin 2
Tel: +353 1 6764971
Fax: +353 1 6762517
Website: www.hpra.ie
e-mail: medsafety@hpra.ie

Malta
ADR Reporting
Website: www.medicinesauthority.gov.mt/adportal

5. How to store Jardiance

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister and the carton after ‘EXP’. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions.

Do not use this medicine if you notice that the packaging is damaged or shows signs of tampering.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

- What Jardiance contains**
- The active substance is empagliflozin.
 - Each tablet contains 10 mg or 25 mg empagliflozin.
 - The other ingredients are:
 - tablet core: lactose monohydrate (see end of section 2 under ‘Jardiance contains lactose’), cellulose microcrystalline, hydroxy-propylcellulose, croscarmellose sodium, colloidal anhydrous silica, magnesium stearate
 - film-coating: hypromellose, titanium dioxide (E171), talc, macrogol (400), iron oxide yellow (E172)

What Jardiance looks like and contents of the pack
Jardiance 10 mg film-coated tablets are round, pale yellow, biconvex and bevel-edged. They have “S10” on one side and the Boehringer Ingelheim logo on the other side. The tablets are 9.1 mm in diameter.

Jardiance 25 mg film-coated tablets are oval, pale yellow and biconvex. They have “S25” on one side and the Boehringer Ingelheim logo on the other side. The tablet is 11.1 mm long and has a width of 5.6 mm.

Jardiance tablets are available in PVC/aluminium perforated unit dose blisters. The pack sizes are 7 x 1, 10 x 1, 14 x 1, 28 x 1, 30 x 1, 60 x 1, 70 x 1, 90 x 1, and 100 x 1 film-coated tablets. Not all pack sizes may be marketed in your country.

Marketing Authorisation Holder

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Germany

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5th km Paiania-Markopoulo
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Greece

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This leaflet was last revised in 05/2018.

Detailed information on this medicine is available on the European Medicines Agency web site: <http://www.ema.europa.eu>.