

# Zacin<sup>®</sup> 0.025% w/w cream

(capsaicin)

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any of the side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

The name of your medicine is Zacin 0.025% w/w cream but it will be referred to as Zacin throughout this leaflet.

## **What is in this leaflet:**

1. What Zacin is and what it is used for
2. What you need to know before you use Zacin
3. How to use Zacin
4. Possible side effects
5. How to store Zacin
6. Contents of the pack and other information

### **1. WHAT ZACIN IS AND WHAT IT IS USED FOR**

The name of this medicine is Zacin. The active ingredient in this medicine is capsaicin which is a naturally occurring substance found in plants.

Zacin is used to relieve the pain from osteoarthritis.

### **2. WHAT YOU NEED TO KNOW BEFORE YOU USE ZACIN**

#### **Do not use Zacin:**

- if you are **allergic** (hypersensitive) to capsaicin or any of the other ingredients (listed in section 6).
- On broken or irritated skin.

This medicine is not suitable for use in children.

#### **Warnings and precautions**

Talk to your doctor or pharmacist before using **Zacin**

- Keep away from the eyes, nose and mouth (if it does accidentally get into your eyes, nose and mouth or onto broken or irritated skin, wash off with plenty of water).
- Wash your hands immediately after applying the cream, unless the hands are the treated areas, in which case, they should be washed 30 minutes after applying.
- Avoid hot baths or showers immediately before or just after applying Zacin.
- Do not apply tight bandages on top of Zacin
- Avoid breathing in any vapours from the cream, as this can cause irritation of the eyes and breathing difficulties (including making asthma worse).

#### **Other medicines and Zacin**

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

#### **Pregnancy, breast-feeding and fertility**

If you are pregnant or breast feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking Zacin.

#### **Zacin contains cetyl alcohol**

Zacin may cause local skin reactions (e.g. contact dermatitis) due to the product containing cetyl alcohol.

### **3. HOW TO USE ZACIN**

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Zacin should be applied to the affected area 4 times a day, with a gap of at least 4 hrs between each application.

A small amount of cream (about the size of a pea) should be rubbed onto the area to be treated with your fingers. Make sure that all the cream is rubbed in so it is no longer visible.

**Wash your hands immediately** after application of Zacin, unless you are treating arthritic hand joints, when you should wait 30 minutes before washing your hands.

#### 4. POSSIBLE SIDE EFFECTS

Like all medicines, Zacin can cause side effects, although not everybody gets them. Zacin can cause a burning feeling when applied. This burning is more common when:

- The cream is used less than 4 times a day.
- Too much cream is applied.
- The cream is applied just before or after a hot bath or shower.

Rarely when Zacin is applied the vapour can cause brief irritation of the eyes, nose, and throat, such as runny nose, cough or sneezing, breathlessness or worsening of asthma.

Zacin may also cause irritation of the skin for example itching or stinging.

#### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: <http://www.mhra.gov.uk/yellowcard>.

By reporting side effects, you can help provide more information on the safety of this medicine.

#### 5. HOW TO STORE ZACIN

- Keep out of the sight and reach of children.
- Do not store above 25°C.
- Do not use the medicine after the expiry date which is stated on the carton/tube label after 'Exp'. The expiry date refers to the last day of that month.
- If the cream become discoloured or show any signs of deterioration, seek the advice of your pharmacist.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### 6. CONTENTS OF THE PACK AND OTHER INFORMATION

##### What Zacin contains

The active ingredient in Zacin is capsaicin.

Contains 0.025% w/w capsaicin.

The other ingredients are purified water, sorbitol solution, isopropyl myristate, cetyl alcohol, white soft paraffin, glycerol stearate and PEG-100 stearate and benzyl alcohol 1% w/w as a preservative.

##### What Zacin looks like and contents of pack

Zacin is a white cream packed in aluminium tubes with epoxyphenolic lining and polypropylene spiked cap.

It is available in pack size of 45g.

**Manufactured by:** Pharmasol Limited, Northway, Walworth Industrial Estate, Andover, Hampshire, SP10 5AZ, UK.

**Procured from within the EU and repackaged by the Product Licence Holder:**  
B&S Healthcare, Unit 4, Bradfield Road, Ruislip, Middlesex, HA4 0NU, UK.

**Zacin® 0.025% w/w cream;**

**POM**

**PL 18799/2917**

Leaflet date: 06.05.2016

## Capsaicin 0.025% w/w cream

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- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any of the side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

The name of your medicine is Capsaicin 0.025% w/w cream but it will be referred to as Capsaicin throughout this leaflet.

### **What is in this leaflet:**

1. What Capsaicin is and what it is used for
2. What you need to know before you use Capsaicin
3. How to use Capsaicin
4. Possible side effects
5. How to store Capsaicin
6. Contents of the pack and other information

### **1. WHAT CAPSAICIN IS AND WHAT IT IS USED FOR**

The name of this medicine is Capsaicin. The active ingredient in this medicine is capsaicin which is a naturally occurring substance found in plants.

Capsaicin is used to relieve the pain from osteoarthritis.

### **2. WHAT YOU NEED TO KNOW BEFORE YOU USE CAPSAICIN**

#### **Do not use Capsaicin:**

- if you are **allergic** (hypersensitive) to capsaicin or any of the other ingredients (listed in section 6).
- On broken or irritated skin.

This medicine is not suitable for use in children.

#### **Warnings and precautions**

Talk to your doctor or pharmacist before using **Capsaicin**

- Keep away from the eyes, nose and mouth (if it does accidentally get into your eyes, nose and mouth or onto broken or irritated skin, wash off with plenty of water).
- Wash your hands immediately after applying the cream, unless the hands are the treated areas, in which case, they should be washed 30 minutes after applying.
- Avoid hot baths or showers immediately before or just after applying Capsaicin.
- Do not apply tight bandages on top of Capsaicin
- Avoid breathing in any vapours from the cream, as this can cause irritation of the eyes and breathing difficulties (including making asthma worse).

#### **Other medicines and Capsaicin**

Tell your doctor or pharmacist if you are using, have recently used or might use any other medicines.

#### **Pregnancy, breast-feeding and fertility**

If you are pregnant or breast feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking Capsaicin.

#### **Capsaicin contains cetyl alcohol**

Capsaicin may cause local skin reactions (e.g. contact dermatitis) due to the product containing cetyl alcohol.

### **3. HOW TO USE CAPSAICIN**

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Capsaicin should be applied to the affected area 4 times a day, with a gap of at least 4 hrs between each application.

A small amount of cream (about the size of a pea) should be rubbed onto the area to be treated with your fingers. Make sure that all the cream is rubbed in so it is no longer visible.

**Wash your hands immediately** after application of Capsaicin, unless you are treating arthritic hand joints, when you should wait 30 minutes before washing your hands.

#### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Capsaicin can cause side effects, although not everybody gets them. Capsaicin can cause a burning feeling when applied. This burning is more common when:

- The cream is used less than 4 times a day.
- Too much cream is applied.
- The cream is applied just before or after a hot bath or shower.

Rarely when Capsaicin is applied the vapour can cause brief irritation of the eyes, nose, and throat, such as runny nose, cough or sneezing, breathlessness or worsening of asthma. Capsaicin may also cause irritation of the skin for example itching or stinging.

#### **Reporting of side effects**

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#### **5. HOW TO STORE CAPSAICIN**

- Keep out of the sight and reach of children.
- Do not store above 25°C.
- Do not use the medicine after the expiry date which is stated on the carton/tube label after 'Exp'. The expiry date refers to the last day of that month.
- If the cream become discoloured or show any signs of deterioration, seek the advice of your pharmacist.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

##### **What Capsaicin contains**

The active ingredient is capsaicin.

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The other ingredients are purified water, sorbitol solution, isopropyl myristate, cetyl alcohol, white soft paraffin, glycerol stearate and PEG-100 stearate and benzyl alcohol 1% w/w as a preservative.

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